

## Week 3 Dishes and their Allergen content



	CELERY	CEREALS (Gluten)	CRUSTA- CEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
Salmon and broccoli bake	<b>M</b>	✓		<b>M</b>	✓		✓		<b>M</b>					
Mac n Cheese	<b>M</b>	✓		<b>M</b>			✓		<b>M</b>					
Chocolate Brownie		✓		✓										
Bangers n mash		✓												✓
Cottage pie		<b>M</b>							<b>M</b>			<b>M</b>	<b>M</b>	
Carrot cake Muffins		✓		✓										
Roast Chicken		✓												
Vegetable Puff Parcel		✓												
Pineapple upside down cake		✓		✓			✓							

### Key to Symbols:

✓ - Contains

**M** - May contain or manufactured in premises where allergen was present

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Cheese and tomato pizza		✓					✓							
Meatball pizza		✓					✓						✓	
Apple oat bars		✓												
Oven Baked Cod		✓			✓									
Veggie Burger		✓										<b>M</b>		
Dessert of the day		<b>M</b>		<b>M</b>			<b>M</b>						<b>M</b>	

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