

## **LUNCH MENU - WEEK 1**

Food to excite
Ventrus
Catering for your children's education

15<sup>th</sup> Apr - 6<sup>th</sup> May - 3<sup>rd</sup> & 24<sup>th</sup> June - 15 Jul - 9<sup>th</sup> & 30<sup>th</sup> Sept-21<sup>st</sup> Oct 2024

					children's education	
	Malted, Wholemeal SI	d, Wholemeal Sliced Baguettes, Low Fat Yoghurts, Milk and Water available daily. All Special Diets catered for.				
	Monday	Tuesday	Wednesday	Thursday	Friday	V
	Butcher's Pork Sausages	Butcher's Mince Beef Nachos & Wholegrain Rice	Chicken with Sage & Onion Stuffing	Organic Pork Meatballs in Tomato Sauce with Pasta	Harry Ramsden's Battered Salmon Fillets	
1/	Spanish Omelette	Cheese Pasty & Tomato Pasta	Vegetarian Roast	Oaty Veggie Crumble & Mash Potato	Vegan Nuggets	
	Jacket Potato with Tuna, Beans or Cheese	Jacket Potato with Tuna, Beans or Cheese	Jacket Potato with Tuna, Beans or Cheese	Jacket Potato with Tuna, Beans or Cheese	Jacket Potato with Tuna, Beans or Cheese	
7	Potato Wedges, Baked Beans & Mixed Vegetables	Sweetcorn & Broccoli	Roast or Mash Potato, Sliced Carrots, Cabbage & Gravy	Green Beans & Peas	Chips, Pasta, Sweetcorn, Coleslaw & Tomato Sauce	
	Fruit Smoothie	Fruity Flapjack	Strawberry Mousse with Berry Compote	Lemon Drizzle Cake	Pip Organic Lolly	

## **LUNCH MENU - WEEK 2**

22<sup>nd</sup> Apr-13<sup>th</sup> May - 10<sup>th</sup> June - 1<sup>st</sup> & 22<sup>nd</sup> July - 16<sup>th</sup> Sept. - 7<sup>th</sup> Oct.



Malted, Wholemeal Sliced Baguettes, Low Fat Yoghurts, Milk and Water available daily. All Special Diets catered for.

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SELECTION OF THE PARTY OF THE P	Monday	Tuesday	Wednesday	Thursday	Friday
	Cheeseburger (100% Beef) in a Bun	Chicken Curry, Rice & Naan Bread	Toad in the Hole (Butcher's Sausage & Yorkshire Pudding)	Chicken Goujons with Tomato Pasta	Jumbo Fish Fingers
	Cauliflower Bites	Macaroni Cheese & Crusty Bread	Cauliflower & Broccoli Bake	Vegetable Frittata with Noodles	Vegan Sausage Roll
	Jacket Potato with Tuna, Beans or Cheese	Jacket Potato with Tuna, Beans or Cheese	Jacket Potato with Tuna, Beans or Cheese	Jacket Potato with Tuna, Beans or Cheese	Jacket Potato with Tuna, Beans or Cheese
	Potato Wedges, Peas & Corn on Cob	Mixed Vegetables	Roast or Mash Potato with Fresh Sliced Carrots, Cabbage & Gravy	Sweetcorn & Broccoli	Chips, Pasta, Peas, Coleslaw & Tomato Sauce
	Pip Organic Ice Lolly	Fruit Jelly	Fresh Fruit	Date & Rice Crispy Cake	Fruit Smoothie



## **LUNCH MENU - WEEK 3**



29th Apr. - 20th May - 17th June - 8th July - 2nd & 23rd Sept. - 14th Oct. Catering for your children's education

ed Baguettes, Low Fat Yo	ghurts, Milk and Water	available daily. All Spec	ial Diets catered for.
Tuesday	Wednesday	Thursday	Friday
Butcher's Mince Beef Pasta Bolognaise	Chicken with Sage & Onion Stuffing	Chicken & Ham Creamy Pasta Bake	Fish Shop Breaded Cod Nuggets
Cheese Wheels & Tomato Pasta	Quorn Fillet	Chinese-Style Vegetable & Noodle Wrap	Vegan Sausage Bap
Jacket Potato with Tuna, Beans or Cheese	Jacket Potato with Tuna, Beans or Cheese	Jacket Potato with Tuna, Beans or Cheese	Jacket Potato with Tuna, Beans or Cheese
Mixed Vegetables	Roast or Mash Potato, Sliced Carrots, Broccoli & Gravy	Carrot & Cucumber Sticks	Chips, Pasta, Peas, Coleslaw & Tomato Sauce
Strawberry Shortcake	Fruit Jelly	Cookie	Pip Organic Lolly
	Tuesday  Butcher's Mince Beef Pasta Bolognaise  Cheese Wheels & Tomato Pasta  Jacket Potato with Tuna, Beans or Cheese  Mixed Vegetables  Strawberry	Tuesday  Butcher's Mince Beef Pasta Bolognaise  Cheese Wheels & Tomato Pasta  Jacket Potato with Tuna, Beans or Cheese  Mixed Vegetables  Strawberry  Mednesday  Chicken with Sage & Onion Stuffing  Quorn Fillet  Jacket Potato with Tuna, Beans or Cheese  Roast or Mash Potato, Sliced Carrots, Broccoli & Gravy  Fruit Jelly	Butcher's Mince Beef Pasta Bolognaise  Chicken with Sage & Chicken & Ham Creamy Pasta Bake  Cheese Wheels & Tomato Pasta  Jacket Potato with Tuna, Beans or Cheese  Mixed Vegetables  Augurn Fillet  Quorn Fillet  Quorn Fillet  Jacket Potato with Tuna, Beans or Cheese  Roast or Mash Potato, Sliced Carrots, Broccoli & Gravy  Strawberry  Fruit Jelly  Chicken & Ham Creamy Pasta Bake  Chicken & Ham Creamy Pasta Bake