

The Duchy School – Sports action plan and funding 2018/2019-Reviewed

Green =achieved

Yellow=mostly achieved

Red=not achieved

Key achievements to date:	Areas for further improvement and baseline evidence of need:
High levels of participation in competitive sports All staff receiving high quality CPD All children receiving 2 hours of direct P.E lesson across a week	A range of sporting activities during curriculum time for all children Increasing leadership skills within pupils Increasing opportunities to be active throughout the school day Improving our resource bank to allow staff to teach high quality and engaging dance lessons.

Meeting national curriculum requirements for swimming and water safety	Please complete all of the below*:
See reviewed 2017/18 for information 2018/19 To be completed April 19	
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?	89 %
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	89%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	89%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	Yes/No

*Schools may wish to provide this information in April, just before the publication deadline.

Academic Year: 2018/19	Total fund allocated: ££17,630 Carry over to 19/20 £870	Date Updated: Actions set in Sept 2018		
Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school				Percentage of total allocation: 11.3%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact: To be reviewed Dec 18/April 19 and July19	Sustainability and suggested next steps:
<p>-Introduce 'body break' activities during the school day that increase children's heart rate.</p> <p>Include mindfulness activities in body breaks' to teach children that it is important to have a healthy mind and body</p> <p>-Develop 'active zone' in playground during lunch times to get more children moving and developing key motor skills</p> <p>-Improve and maintain equipment for all areas of P.E</p>	<p>-Share 'GoNoodle' website with staff and create a class page.</p> <p>-Children to complete at least 2 short videos during the day to help improve fitness and coordination skills.</p> <p>-Children 'grow' their chosen character the more activities they complete and are rewarded with a certificate when their class max out the character's strength.</p> <p>-Use 'Dojo', GoNoodle and 10 a day to teach children how to have a healthy mind.</p> <p>-Incorporate this into PSHE lessons and school assemblies</p> <p>-Discuss with LBS and give them responsibility to set up a range of equipment in a circuit that the children can use.</p> <p>Replenish and purchase new equipment</p>	<p>Free resource</p> <p>£200 (289spent)</p> <p>£1392 (1285 spent)</p>	<p>GoNoodle is being used across the school to increase activity levels. It is engaging a range of children and less reluctant children in Sports.</p> <p>Friendship groups have focused on 10 a day. 10 a day has been included Arts week to create a school Mural. PSHE books demonstrate the opportunities children have been given to learn about and understand this topic.</p> <p>Active zones at lunch time have been extremely successful including a dance zone. Children are accessing a range of equipment in a safe environment.</p> <p>Speaker Easy speaker</p>	<p>This is a free resource that can be continued to be used. Use Heat maps in 2019/20 to track activity levels in key classes to ensure this resources is best used and all classes complete daily activities.</p> <p>Embed this into the new PSHE curriculum begin introduced.</p> <p>Continue next year as LSAs are familiar with setting up the area. Encourage Play leaders/Sports leaders monitor and support younger children.</p>

			Gum shields Top up enrichment Top up swimming Sports kits Medals Sports day sacks Egg and spoon Active lunch Tennis nets, tennis balls, stop watches, sports socks, sports shorts	
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Key indicator 2: The profile of PE and sport being raised across the school as a tool for whole school improvement

Percentage of total allocation: 4.8%

School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact: To be reviewed Dec 18/April 19 and July19	Sustainability and suggested next steps:
<p>-Sporting certificates are celebrated in assembly so the whole school is aware of the importance of P.E and Sport to encourage all pupils to aspire to being involved in the assembly.</p> <p>-Additional sports notice board displayed in main entrance to share upcoming tournaments and results with children, parents and visitors to increase participation in sports</p> <p>-Invite sporting role models into school so that pupils can identify with success and aspire to be a sporting hero</p> <p>-Peer Mentors to be developed to support active playtimes that</p>	<p>-Achievements from outside school and inside school celebrated weekly in assembly. Inform parents that they can bring in awards from outside of school on the newsletter.</p> <p>-RH to create display board outside under cover next to school notice board</p> <p>-Create links with local sports communities and invite athletes in to assemblies to share success stories with the children.</p> <p>-athlete to deliver high quality sports session to motivate and engage the children</p> <p>-Train a group of year 6 peer mentors to support pupil's play and</p>	<p>£500</p> <p>£25</p>	<p>Assemblies have celebrated and supported sporting events. The newsletter is regularly updated sharing the success of the sports teams and school sports events. Our school vision for sports has been shared with parents. A new sports notice board and school display board displays upcoming events and the outcome of tournaments.</p> <p>We have had an Exeter chief player into school during an assembly but we have not invited an athlete in this year. We have begun to make links with local sports providers. We have reassigned the money to be added to 19/20 academic year.</p> <p>Our Year 6 children have been supporting our active lunch times</p>	<p>Increase community links with sports providers/taster session/advertising.</p>

<p>encourage children to work as a team.</p>	<p>activates and playtimes -Create a bank of games and resources that the peer mentors can use with a range of children. -Purchase peer mentor sashes to raise their profile as a 'leader'</p>		<p>and taking responsibility for the dance zone at lunch times.</p>	<p>Train new year 6 ready to be sports leaders/representative for 2019/20 Purchase Sports leader badges.</p>
<p>-Increase children's self-esteem by experience of being part of a team</p>	<p>Purchase of trophies and team t-shirts for swimming gala, cheerleading and netball.</p>	<p>£250 (200 used)</p>	<p>Medals awarded to winners of the Duchy Mile. Cheerleading t-shirts have been used for the cheer team and worn during sports day and summer fair performance. Dance costumes were subsidized for the showdown dance show for UKS2 and LKS2.</p>	<p>These t-shirts are often worn during PE lessons and encourage a team spirit amongst the children. They promote team sports and encourage others to take up the sport.</p>
<p>-Organise a community event alongside PTFA-Duchy Dash- to engage a range of ages in a community sport events</p>	<p>-Liaise with PTFA to set a date and organise a run around the local community.</p>		<p>This event saw an increase in participants this year. Children and adults ran in this community event led by the school PTFA.</p>	<p>Many children and adults are now taking part in local park run events and training outside of school to increase their times for the 5k run.</p>

Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport				Percentage of total allocation:
				15.5%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact: To be reviewed Dec 18/April 19 and July19	Sustainability and suggested next steps:
-In order to improve progress and achievement of all pupils the focus is on up skilling the staff, including HLTAs in delivering high quality P.E lessons.	<p>-Questionnaire to be carried out by staff to identify areas for development</p> <p>-Use of Premier Sports Coaching to support CPD of staff in specific areas identified on questionnaire Staff to receive a minimum of 8 weeks CPD support from Premier sport.</p> <p>-P.E leader to lead 2 staff meetings across the year to model clear differentiation and use of P.E planning scheme.</p> <p>New dance scheme to be purchased so that dance can be linked to the curriculum topics covered in each key stage, making them exciting and relevant for the children.</p>	<p>£2250</p> <p>£476</p>	<p>Questionnaires allowed specific CPD to be delivered to staff and support individual needs. This has also allowed us to improve our schemes of work to support the teaching of dance.</p> <p>All staff and HLTAs have received support in teaching from Premier Sports. Staff have reviewed the impact and feel more confident to teach the area they have received support in.</p> <p>Staff meetings introduced the use of a bronze, silver and gold success criteria to allow children to identify the skills needed to be successful. This also allowed teacher to assess the children accurately.</p> <p>The new dance scheme is supporting the teaching of dance-linking to our topics.</p>	<p>Repeat questionnaire at the end of the summer 2019 to ensure the new action plan target development needs of the current staff.</p> <p>Staff have new ideas, planning and a sequence of lessons that they can use next time they teach that PE unit. They have a deeper understanding of the skills that need to be taught, how to teach and deliver them. Monitor teaching of skills and differentiation during lesson observations.</p> <p>The dance scheme is available for a minimum of 3 years and is up skilling staff on fun and exciting dance units to teach to ensure we meet the curriculum expectations. It also clearly teaches dance skills that teachers can use in the future with classes.</p>

Key indicator 4: Broader experience of a range of sports and activities offered to all pupils				Percentage of total allocation:
				5.1%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact: To be reviewed Dec 18/April 19 and July19	Sustainability and suggested next steps:
<p>-Increase the range and variety of activities both within and outside the curriculum in order to maintain high participation and to increase further.</p>	<p>-Arrange a half termly enrichment opportunity for each phase so that pupils can experience a new sport that will increase their passion for being active. KS1: Martial arts. Foundation: Yoga KS2:Fencing, Archery, Street surfing and Zorbing</p> <p>-Organise and list extra-curricular clubs at the start of the year to ensure a range of sports activities are provided for a range of year groups.</p> <p>-Develop golden time by running focused club activities led by teachers, TAs and skilled parents -10 week free dance club led by Premier Sport to encourage more children to take part in sports- Dance show performance. -Before and after school club options</p>	<p>£900</p>	<p>These enrichment opportunities fully engaged the children in new and exciting sports. The children were talking about these activities and excited to take part week after week. They gained new skills and realised that you can be active in a range of ways.</p> <p>Sports clubs offered before or after school this year have been: netball, gymnastics, street surfing, cheerleading, football and dance. More children took part in the dance show and club due the free opportunity given.</p>	<p>Enrichment will continue next year but we will try to include activities not yet experienced. We will also ask the children what they would like the opportunity to do. Enrichment activities encourage children to be active at home and take up new activities and sports.</p> <p>A new club will be available to children in 2019-20 to engage a broader range of children or to those who have not yet participated in an extracurricular club.</p> <p>Review this idea 2019-20</p>
<p>-Target pupils who take part in less sports to increase their participation</p>	<p>-Keep track of club attendance and tournaments to ensure all children are engaging in sporting opportunities.</p>		<p>Participation in inter competitions has been tracked across the year to ensure the majority of children are given this opportunity. A range of</p>	<p>Children who have not taken part in outside competition this year will be targeted in our less active group for 2019-20.</p>

	-Increase the amount of in school sports competition to allow less confident children to take part in sporting activities.		abilities have attended these events and a broader and larger selection of children has been possible to keeping a sports register. Less confident children have been targeted by teachers identifying them and discussing the opportunity available.	
Key indicator 5: Increased participation in competitive sport				Percentage of total allocation: 44%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact: To be reviewed Dec 18/April 19 and July19	Sustainability and suggested next steps:
-To maintain a high level of attendance at competitive events.	-Continue to attend events organized by CVSA -Enter the LKS2 and UPKS football leagues -Organise attendance in advance to ensure appropriate cover and transport is organised in time -Continue to lease the school mini bus and train/renew staff mini bus driving license -School to work towards achieving the School games Bronze Kite mark award	£1700 £5500 £200 (Petrol) £500 (Training) (274 used)	We have attended a range of events organized by CVSA and School games. We have used the sports calendar to try to attend a range of sports, spread across the year. The year ¾ boys football team won the football league. A new member of staff has been mini bus trained. The school has been awarded with the Silver Kite Mark award.	Continue to be part of this sports network. Train an additional teacher in Sept to support with transporting to events. We will be aiming to secure this next year with the potential of achieving gold.
-Increase attendance in competitive sports outside of curriculum time.	-Create a list of children who have not yet taken part in a competitive event and target these children. Keep track of club attendance and tournaments to ensure all children are engaging in sporting opportunities. -Introduce events that will engage less sporting motivated children- Dance show led by Premier sport		Participation in inter competitions has been tracked across the year to ensure the majority of children are given this opportunity. A range of abilities have attended these events and a broader and larger selection of children has been possible to keeping a sports register. Less confident children have been	

<p>-Increase the amount of intra school competition.</p>	<p>Organise events for the whole school to take part in such as skipping challenge, sports day relay, Duchy mile and competitions with local trust schools</p>		<p>targeted by teachers identifying them and discussing the opportunity available. Dance shows, dance workshops, golf, ability games and surfing have all supported less active children.</p> <p>All suggested activities, expect skipping, have taken place. Girls football with a local school have involved girls in more competition.</p>	
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Other Indicator identified by school: improvement of swimming provision	Actions to achieve:	Funding allocated:	Evidence and impact: Evidence and impact: To be reviewed Dec 18/April 19 and July19	4.5%
<p>-To increase the number of children able to swim using a range of strokes. To allow children additional swimming to reach their 25 meter badge.</p>	<p>Book two swimming sessions a week during the 10week block to allow children to receive swimming lessons in a smaller group and allow for additional children to attend that have not yet reached 25 meters -Trained swimming teacher HLTA and additional swimming teacher provided by venue will teach children swimming in groups of 10 or less so that children have intense and focused attention, improving their chance of receiving the required or above standard.</p>	<p>£800</p>	<p>9 sessions of Swimming have taken place this year for the current year 4 children and top up for year 5 non swimmers. The pool used allowed less confident swimmers to develop their skills and improve.</p>	<p>We have been able to change swimming venues for next year. This will support the more able swimmers to develop a range of strokes effectively. We will continue using our HLTA to lead a group so the children can learn to swim in smaller groups, provide 10 weeks of swimming and top up for year 5 non swimmers.</p>